

## HRT Prescriptions & Summer Break

On behalf of Reed's Trans Inclusion Working Group and the HCC:

Please remember that with the HCC closed for June and July, it is important to make sure you have the refills you need to cover you through the summer.

For those on gender affirming hormones, your HCC provider will help you plan for summer med and lab needs.

- We recommend PRISM Clinic on SE Belmont or the OHSU Richmond Clinic as LGBTQ-friendly places if a need comes up while the HCC is closed during summer.
- For those with other prescription meds through the HCC, we providers are hoping to hear from you to help you check on refill availability, etc. Typical needs are psychiatric meds and contraceptives.

Don't get jammed up this summer by running out of what you need. A quick call to your pharmacy to check that you have refills through August and/or a short telehealth visit with HCC staff can avoid such complications.

## HCC visits this term are available now through May 19.

If you're a continuing student, contact the provider you've seen previously, or reach out to Anne Kimberly (the author of this note) or Elizabeth Knight.

For those of you not yet getting GAH from yet, you will need to wait until we reopen in the Fall.

PRISM and OHSU are alternate options if you need care over summer.

Have a great summer, and reach out soon if this note is germane to you.

Best,

Anne Kimberly