



## HCC Required Health Documents Checklist

### Immunization Records (All records must be translated to English prior to submission)

- Measles/Measles, Mumps, Rubella (MMR) Proof of Immunity or Approved Exemption:** The State of Oregon requires all college students to provide proof of immunity to the measles virus either by immunizations **OR** a blood test (Measles Titer) indicating a positive antibody result.

The State of Oregon also allows for a medical or non-medical exemption from receiving measles or MMR immunizations.

**A hold may be placed on the registration process for all students who have not met the measles/MMR requirement.**

Complete one of the following options to meet this requirement:

- Measles/MMR Immunizations:** Upload Immunization record to the [Student Health Portal](#) indicating two doses of measles or MMR given, with the 1st dose being on or after the 1st birthday and the 2nd dose *at least* 28 days after the 1st dose.
- Measles (Rubeola) Titer:** Recent positive Measles (Rubeola) titer results has been uploaded to the [Student Health Portal](#).
- Measles Exemption:** The following steps must be completed and all documentation uploaded to the [Student Health Portal](#) to be approved for a Measles exemption waiver:
- Complete the Measles Exemption Form with your medical provider (MD, DO, ND, NP, PA) or an HCC medical prover for both a medical or non-medical exemption and upload it to the [Student Health Portal](#).
  - Watch [Oregon Health Authority's Vaccine Education Module for College Students](#). Print and sign the Certificate of Completion and upload it to the [Student Health Portal](#).

- Tuberculosis (TB) Screening:** All incoming students must complete a TB screening form. Based on responses to the questionnaire, incoming students who are assessed as potentially at higher risk for TB infection will be requested to undergo further evaluation and testing, including TB testing with either skin or blood tests. TB testing performed outside the HCC must be completed no earlier than 6 months prior to arrival to campus. **All test results must be translated to English prior to submission.**

- TB Screening Form:** Must be completed by all students prior to arrival on campus. The form can be found on the [Student Health Portal](#) under the Forms > Required Health Forms tab.

If you answered 'Yes' on the TB Screening form you are required to complete the following:

- TB Verification Form:** This form must be completed by a licensed medical provider (MD, DO, ND, NP, PA). You can download this form from the Student Health Portal under the Forms > Required Health Forms section. Upload the completed form to the [Student Health Portal](#).
- TB Testing/Chest X-ray:** Meet with your licensed medical provider (MD, DO, ND, NP, PA) for a medical evaluation and to determine the need for a TB skin test, IGRA blood test, or chest x-ray. Upload translated test results translated to the [Student Health Portal](#).

If you do not have a regular licensed medical provider you can complete TB testing at the HCC within two weeks of arrival to campus.

- Provider Health Assessment Form:** It is *recommended* that all incoming students have a medical exam by a licensed medical provider (MD, DO, ND, NP, PA) within 12 months of arrival on campus; however, it is *required* for students who have current and/or chronic medical issues. This form can be found on the Student Health Portal under the Forms > Required Health Forms tab. Download and print the form for your medical provider to complete. Upload the form to the [Student Health Portal](#) once completed.
- New Student Health History:** All students are required to complete the New Student Health History form located on the [Student Health Portal](#) under the Forms > Required Health Forms tab.
- Emergency Contact Form:** Complete this form with the contact information of who you would like the HCC to contact in the event you have a medical or mental health emergency. If your contact is outside of the U.S. and you have a local contact (relative, host family, friend) please add this information and indicate if they can be contacted first. This form is located on the [Student Health Portal](#) under the Forms > Required Health Forms tab.
- Texting Opt-In/Opt-Out Form:** The HCC uses text messaging for appointment reminders and other health related notifications. This is an **OPT-IN** service. You **MUST** opt in if you wish to receive text messages from the HCC. This form is located on the [Student Health Portal](#) under the Forms > Required Health Forms tab.